

September 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
				HALF DAY	HALF DAY	
9	10	11	12	13	14	15
	Mixed Salad Pizza Fresh Fruit	Green Beans Chicken Tetrizzini Fruit	Broccoli Slaw Meatloaf Roasted Potatoes Yogurt	Cream of Zucchini Soup Turkey Sandwich Fresh Fruit	Mediterranean Lentils San Jacobos Bread Yogurt	
16	17	18	19	20	21	22
	Gazpacho with Croutons Chicken Quesadillas Peaches with Flan	Sweet Potato Fries Cheeseburger Fruit	Chinese Fried Rice Baked Fish Fresh Fruit	Chicken Chili Zucchini Muffins Fresh Fruit	Fiesta Salad Pizza Frittata Yogurt	
23	24	25	26	27	28	29
	Beef Stew Bread Yogurt	Mixed Vegetables Tuna Noodles and Cheese Fresh Fruit	Summer Salad Ham and Cheese Quiche Fruit	Taco Soup Nachos Carrot Sticks Yogurt	Chicken with Rice and Vegetables Bread Fresh Fruit	
30	1	2	3	4	5	6