

February 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
					Lentil Soup Pork Filets Rice Fruit	
3	4	5	6	7	8	9
	Broccoli Fish and Chips Yogurt	Mixed Salad Ham Fried Rice Bread Yogurt	Corn Macaroni with Meat Sauce Bread Fruit	Creamed Peas and Potatoes Roast Pork Baked Apples	Chicken Chili Grilled Cheese Sandwich Fruit	
10	11	12	13	14	15	16
	Zucchini Pancake Ham and Cheese Quiche Fruit	Green Beans Baked Fish Rice with Tomato Sauce Yogurt	Cream of Pumpkin Soup Pizza Fruit	NO SCHOOL	NO SCHOOL	
17	18	19	20	21	22	23
	Mediterranean Lentils Sausage and Potatoes Bread Fruit	Broccoli Slaw Fish Sticks Parmesan Pasta Yogurt	Sweet Potato Fries Cheeseburger Fruit	Cream of Zucchini Soup Chicken Quesadillas Fruit	Glazed Carrots Baked Fish with Potatoes Bread Yogurt	
24	25	26	27	28	29	30
	Green Beans and Tomato Tuna, Noodles and Cheese Bread Fruit	Mixed Salad Pizza Frittata Bread Flan with Peaches	Cucumber Salad Chicken Pot Pie Rice Fruit	Broccoli Cheese Soup Ham Sandwich Fruit	Corn Beef and Bean Enchiladas Rice Yogurt	